



**NATIONAL SERVICE SCHEME**  
**KALIABOR COLLEGE UNIT**  
POST OFFICE : KUWARITOL, NAGAON (ASSAM), 782137  
Email Id: nss@kaliaborcollege.ac.in



Ref.....

Date.....

**Special Talk on the occasion of Stress Awareness Month:**

Mental health is one of the most burning health issue of the present time specially among the youths. Therefore, the NSS Unit Kaliabor College initiated a Special Talk on "Stress and Mental Health" to spread mental health awareness among the students. On this occasion, Dr, Pradip Mochahari, Assistant Professor, Dept of Education delivered a Talk on the issue.

A Special Talk on

**"Stress and Mental Health"**

On the Occasion of

**STRESS AWARENESS MONTH**

**11th April, 2023**

Organised by

NSS Unit in collaboration with Department of  
Political Science, Kaliabor College.

**Time: 01:45 PM**

**Venue: Smart Class Room, Department of Biological Science**



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KALIABOR COLLEGE UNIT**

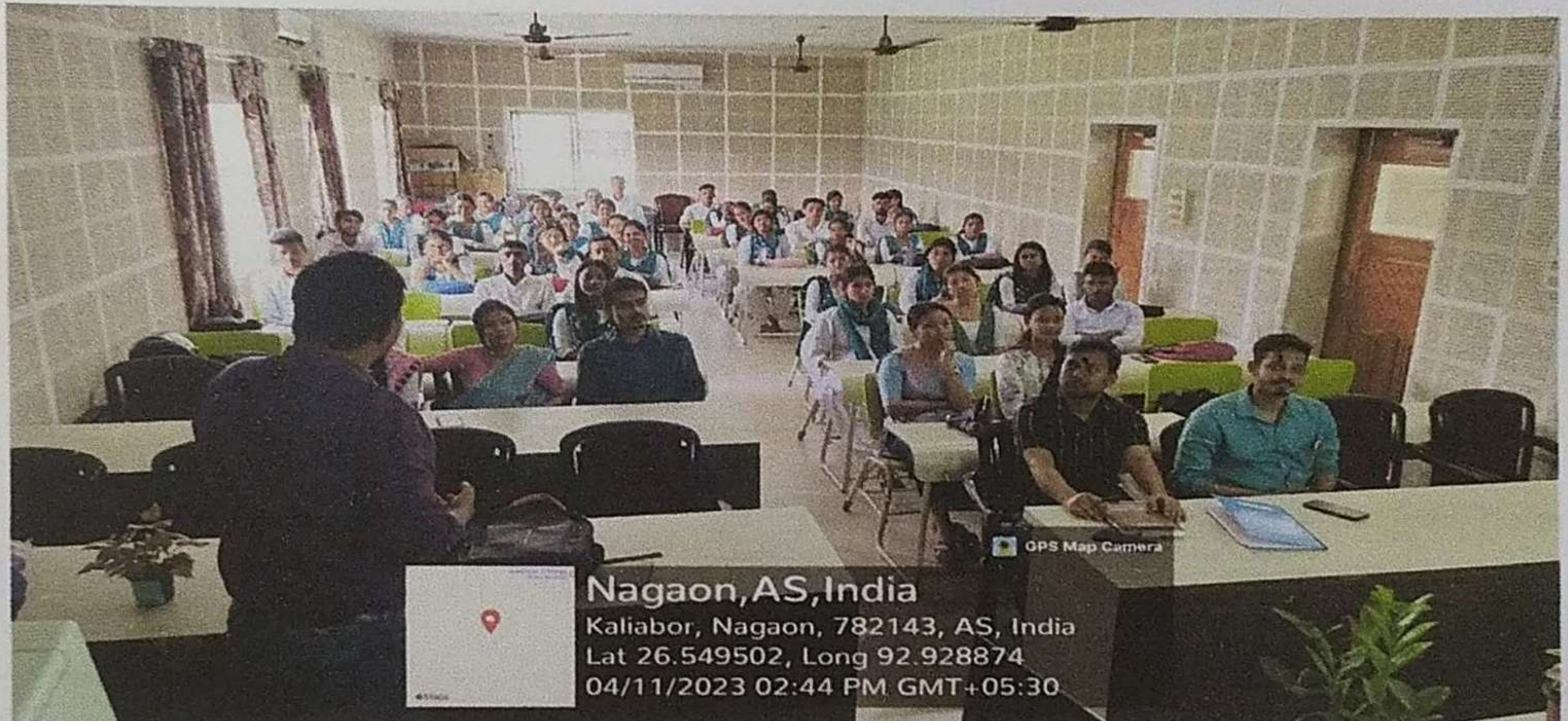
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Date.....



Nagaon, AS, India

Kaliabor, Nagaon, 782143, AS, India

Lat 26.549502, Long 92.928874

04/11/2023 02:44 PM GMT+05:30

Principal

Kaliabor College

**Principal**

**Kaliabor College**

**Kuwaritol- 782137**

**Nagaon, Assam**

*Ankore Saikia*

NSS, Program Officer

Kaliabor College

**PROGRAMME OFFICER  
NSS UNIT, KALIABOR COLLEGE**

## Attendance Sheet

### NSS UNIT, KALIABOR COLLEGE

Activity Name: Awareness Program on Stress and Mental Health

Date: 11<sup>th</sup> April, 2023

Venue: Smart Class Room, Dept. of Biological Sciences.

Serial No	NAME	CLASS	SIGNATURE
1	Jayshree Borah	6 <sup>th</sup> Sem	Jayshree Borah
2	Bhainab Jyoti Borah	6 <sup>th</sup> Sem	Bhainab Borah
3	Rimpi Begum	4 <sup>th</sup> Sem	Rimpi Begum
4	Bhaskar Jyoti Borah	4 <sup>th</sup> Sem	Bhaskar Jyoti Borah
5	Nirmali Borah	2 <sup>nd</sup> Sem	Nirmali Borah
6	Sanika Narmasudha	4 <sup>th</sup> Sem	Sanika Narmasudha
7	Bishakha Mondal	4 <sup>th</sup> Sem	Bishakha Mondal
8	Tara Devi	2 <sup>nd</sup> Sem	Tara Devi
9	Sabitri Chauhan	2 <sup>nd</sup> Sem	Sabitri Chauhan
10	Premlal Roy	2 <sup>nd</sup> Sem	Premlal Roy
11	Bhargab Nilola	2 <sup>nd</sup> Sem	Bhargab Nilola
12	Alina Khan	2 <sup>nd</sup> Sem	Alina Khan
13	Baibhadrana Borah	2 <sup>nd</sup> Sem	Baibhadrana Borah
14	Khushi Gupta	2 <sup>nd</sup> Sem	Khushi Gupta
15	Beauty Hazarika	2 <sup>nd</sup> Sem	Beauty Hazarika
16	Anjali Mandal	2 <sup>nd</sup> Sem	Anjali Mandal
17	Prestiti Bhakali	2 <sup>nd</sup> Sem	Prestiti Bhakali
18	Saurav Saikia	2 <sup>nd</sup> Sem	Saurav Saikia
19	Nazifa Ansari	2 <sup>nd</sup> Sem	Nazifa Ansari
20	Kashyapi Kaushik	2 <sup>nd</sup> Sem	Kashyapi Kaushik
21	Mukta Gupta	2 <sup>nd</sup> Sem	Mukta Gupta
22	Gargi Dewar	2 <sup>nd</sup> Sem	Gargi Dewar
23	Rusmin Sultana	2 <sup>nd</sup> Sem	Rusmin Sultana
24	Aditya Chakraborty	2 <sup>nd</sup> Sem	Aditya Chakraborty

Total Volunteers: 24

*Baikia*

Program Officer

NSS, Kaliabor College  
PROGRAMME OFFICER  
NSS UNIT, KALIABOR COLLEGE